

Building stronger families

The program and case work helps you to:

- start a safe life for you, your former or current partner and your children
- see your unsafe behaviours and change to safe ones
- realise what domestic & family violence is, and how it affects the ones you love
- · do something about stopping your abuse; and
- to see your strengths.

All without judgment.

Weekly group sessions and case management in Arabic





Building stronger families

Men's Behaviour Change Program in Arabic

The Building Stronger Families Program is the first big step when you want to try something different. Something other than abuse or violence. If you feel like you are ready to face your behaviour and learn what being a safe partner and/father looks like, and how to be one.

If you want to know about how to start building safety, trust, love and respect; this program could be for you.

To get the most out of it, you need to attend regular one-on-one casework sessions (by phone/ video/face-to-face) and do an 18-session group-based men's behaviour change group program. This is where men support each other with the strength to change, without judgment.

We help you to see the thoughts and behaviours that can either build or destroy relationships. At the heart of this program, is the safety of women and children. So, we provide support for partners and former partners too.

When: Rolling intake. Accepting referrals now

(Please note the group will not run in school holidays)

Where: Fairfield Cost: FREE!

Information and booking:

To make a booking or for more information please call Maysoon on 02 8811 0000

ssi.org.au



