

# **Volunteer Opportunity**

| Position title: | City2Surf Training<br>Buddy      | Commitment requested: | Minimum of once a fortnight<br>after hours, Saturday and/or<br>Sunday from April to August<br>2018                      |
|-----------------|----------------------------------|-----------------------|---|
| Report to:      | Community Engagement Coordinator | Location:             | Fairfield, Liverpool, Parramatta and/or city locations depending on where participants are located and willing to train |

## **About Settlement Services International (SSI)**

Settlement Services International is a community-based, not-for-profit humanitarian organisation providing a range of services in the areas of refugee and migrant settlement, accommodation, asylum seeker assistance, multicultural foster care, disability support, employment services and youth support in NSW.

Our vision is to achieve a society that values the diversity of its people and actively provides support to ensure meaningful social and economic participation and to assist individuals and families reach their potential.

### At SSI, we value:

Social justice - Equity and access for all

Diversity — Respecting diversity and being non-discriminatory

Compassion — Caring, empathy and respect for the dignity of others

Respect – Cooperation and mutual respect

### In delivering our services, we value:

Quality – Dynamic, flexible and responsive service
Ethics – Professional practices and accountability
Innovation – Commitment to partnerships and excellence

### **Purpose:**

The City2Surf is an iconic Sydney event where participants run/jog/walk from Hyde Park to Bondi Beach. The event is also a unique opportunity for newcomers and other vulnerable communities to experience being part of the 80,000 community members who, on the day, are united with one goal. The social benefits of participating in a main stream activity with such a strong community feel and the health benefits of getting fit, meeting people and discovering new places during training, are part of the valuable outcomes for participants.

The City2Surf training buddy will be someone willing to engage with, learn from and share with participants (social connections) and discuss/share health and wellness information/resources. The training buddy's will also support participants to attain their fitness levels and confidence to complete the event.

## Specific duties and responsibilities:

### Weekly training

- Organise/lead local training routes



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- Support people to increase their fitness and confidence
- Discuss/share health and wellness information as directed
- Participate in the "meet and greet" event
- Attend health and wellbeing meeting
- Relate any issues/concerns/suggestions to the Community Engagement Coordinator
- Keep a record of weekly participation
- Gather good news stories to share

### On the day of City2Surf

- Help runners with logistics
- Run/jog/walk alongside runners
- Share a picnic at the end of the run
- Actively support SSI's vision and values
- Work in accordance with SSI policies and procedures
- Follow all reasonable directions provided by Community Engagement Coordinator or delegate

| Position requirements: |  |  |  |
|------------------------|--|--|--|
| Background checks      | Working with Children Check ⊠ Police Check ⊠ Reference Check ⊠ (N.B. The police check will be paid for by SSI)   |  |  |
| Essential              | <ul> <li>Weekly availability</li> <li>Good interpersonal skills</li> <li>Interested in meeting new people and sharing fitness goals</li> </ul>   |  |  |
| Desirable              | <ul> <li>Previous experience working with people from culturally and linguistically diverse (CALD) backgrounds</li> <li>Coaching/mentoring experience</li> <li>Experience in running and/or other sports and fitness activities</li> </ul> |  |  |

### **Benefits:**

**Reimbursement:** Volunteers will have access to reimbursement for all preapproved expenses including reasonable travel expenses. Volunteers using their own vehicle will need to provide SSI with photocopies of their driver's licence, comprehensive car insurance and compulsory third party insurance.

**Training**: Volunteers will be provided with access to SSI's flexible, extensive and innovative training program.

Being a member of the SSI Community: Volunteers will be kept up-to-date with all of SSI's important news, events and opportunities.

| Authorisation:              |       |
|-----------------------------|-------|
| Volunteer name              |       |
| Volunteer signature         | _Date |
| Volunteer program signature | _Date |